

TV WEDNESDAY

MOVIES

SPORTS

NEWS

1. Shaw Portage LaPrairie 2. MTS Portage LaPrairie 3. Bell Portage LaPrairie 4. Shaw Direct Portage LaPrairie

| STATION | 1. | 2. | 3. | 4. | 6:30 | 7 PM | 7:30 | 8 PM | 8:30 | 9 PM | 9:30 | 10 PM | 10:30 |
|--|-----|-----|-----|-----|---|---|----------------|---|--|------------------------------|------------------|---|-----------------|
| CANADIAN BROADCAST | | | | | | | | | | | | | |
| SUNTV | | | 213 | | The Insider | Forensic Factor | | *** Analyze This ('99, Comedy) Billy Crystal, Robert De Niro. | | | | Dream Car... | Grill Room |
| CBC | 2 | 2 | 226 | 332 | Coronation S | Wheel Fortune | Jeopardy! | Dragons' Den | The Tudors | | | The National | |
| CITY TV | 8 | 8 | 228 | 329 | 6:00 L & O: SVU | Minute to Win it | | America's Got Talent | How I Met... | Cougar Town | | CityNews... | EP Daily |
| CTV | 5 | 5 | 225 | 316 | 6:00 CTV News | (N) MasterChef | | | CSI: NY | | | Access H | eTalk |
| GLOBAL | 12 | 12 | 227 | 335 | ET | (N) Big Brother | | NCIS | Shattered | | | Prime News | ET Canada |
| OMNI.1 | | | 215 | | The Office | Omni News: Italian Edition | | Vivere | Omni News | Law & Order: Criminal Intent | | Metropia | :35 Late Show |
| TVO | | | 265 | | Lemur Street | The Agenda with Steve Paikin | | Diamond Road | | Dan Cruickshank's... | | The Agenda with Steve Paikin | |
| JoyTV | 11 | 11 | | | Archaeologist | The Insider | Hates Chris | Third Watch | Poltergeist: The Legacy | | | P3... | Diya |
| TVA | 115 | 26 | 115 | 711 | Km/h | (N) Les anges de la rénovation | | Dieu merci! | TVA nouvelles | | 9:45 Sucré salé | :15 Movie | |
| CBC French | 10 | | 118 | 704 | 6:00 TJ... | Squelettes | L'épicerie | La petite séduction | Bons baisers de France | | | Le téléjournal | |
| TV5 | 116 | 405 | 145 | 761 | 6:00 Boris... | *** Mon fils à moi ('07, Drame de moeurs) | | :25 Comme le... | A table! | Hors série | | TV5 le journal | :35 Faut pas... |
| AMERICAN NETWORKS | | | | | | | | | | | | | |
| ABC | 7 | 13 | | | ET | CMA Music Festival: Country's Night to Rock | | | | | News at 10 | :35 Nightline | |
| CBS | 4 | 4 | | | Wheel Fortune | (N) Big Brother | | Criminal Minds | CSI: NY | | | WCCO 4 News | :35 Late Show |
| NBC | 6 | 6 | | | ET | (N) Minute to Win it | | (N) America's Got Talent | Law & Order: SVU | | | Kare News | :35 Tonight... |
| FOX | 49 | 19 | | 363 | 2 1/2 Men | MasterChef | | | FOX First at Ten | | | Seinfeld | Friends |
| PBS Fargo | 3 | 3 | | | My Hero | Great Performances | | Thirteenth Van | Cliburn International | | | My Hero | Business |
| PBS Detroit | | | 348 | | Discover The... | Great Performances | | Thirteenth Van | Cliburn International | | | Being Served? | Keeping up |
| CW | 62 | 223 | 297 | 652 | Family Guy | America's Next Top Model | | Plain Jane | PIX News at Ten | | | 2 1/2 Men | Friends |
| NEWS, VIEWS & CURRENT AFFAIRS | | | | | | | | | | | | | |
| BNN | 112 | 142 | 504 | 508 | 6:00 Market Call | The Close | Market Call | After Hours | The Business... | Commodities | | Market Call Tonight | |
| CPAC | 113 | 24 | 512 | 396 | Beyond... | Primetime Politics | | The Public Record | | | | Primetime Politics | |
| CNBC | | 283 | 509 | | 6:00 Kudlow... | Welcome to Macintosh | | BP: In Deep. | CNBC Investigates | | | Mad Money | |
| CNN | 15 | 103 | 500 | 500 | 6:00 John King... | Campbell Brown | | Larry King Live | Anderson Cooper 360 | | | | |
| CBC News Net | 45 | 15 | 502 | 390 | 6:00 Lang/O'Leary | Connect with Mark Kelley | | CBC News: The National | Michael Jackson: What... | | | CBC News: The National | |
| VISION | 109 | 20 | 261 | 394 | 6:00 Murder | No Place... | My Husband... | Doc Martin | IdeaCity | The Lost Gods | | Doc | |
| MOSTLY SPORTS | | | | | | | | | | | | | |
| GOLF | 144 | 182 | 416 | 409 | 6:00 19th Hole | Senior Championship H/L | | Top 10 | Golf Videos | Destination... | 19th Hole | Golf Central | Quest for... |
| OLN | 31 | 176 | 411 | 457 | 6:00 Ghost Hunt. | Monsterquest | | Opera. Repo | (N) Man v.... | UFO Files: UFO Hunters | | Monsterquest | |
| SCORE | 29 | 181 | 410 | 403 | 6:00 Bet Night Live | | | WWE NXT | | Footy Show | Score Now | | |
| SPEED | 30 | 175 | 417 | 406 | 6:00 NASCAR... | Stealth Rider | Stealth Rider | Pinks - All Out | | Intersections | Intersections | Stealth Rider | Stealth Rider |
| SPORTSNET | 47 | 171 | 408 | 418 | 6:00 Connected | Baseball AL: Detroit vs Minnesota. | | | | | | The Daily Line | |
| TSN | 13 | 22 | 400 | 400 | 6:00 Tennis: U.S. Open | | | | | | | Sportscentre | |
| MOSTLY MOVIES | | | | | | | | | | | | | |
| AMC | 40 | 159 | 293 | 409 | 4:15 Movie | *** First Blood ('82, Drama) Sylvester Stallone, Brian Dennehy. | | | *** True Lies ('94, Comedy) Arnold Schwarzenegger, Jamie Lee Curtis. | | | | |
| HBOC | 58 | 214 | 307 | 621 | 5:40 Cargo to Africa ('09, Drama) | :15 *** Hysterical Blindness ('02, Drama) | | | *** Citizen X ('94, Crime Drama) Stephen Rea, Donald Sutherland. | | | | |
| MC1 | 55 | 211 | 308 | 622 | :20 *** Whatever Works ('09, Comedy) Larry David. | 7:55 *** Tetro ('09, Drama) Vincent Gallo, Alden Ehrenreich. | | | *** The Informant! ('09) | | | | |
| MC2 | 56 | 212 | 309 | 623 | 5:30 *** Gran Torino ('08, Drama) | Riverworld ('10, Science fiction) Tahmoh Penikett, Laura Vandervoort. | | | | | | Movie | |
| MC3 | 57 | 213 | 310 | 624 | 5:35 *** Lymelife ('08, Drama) | :15 *** Amal ('07, Drama) Rupinder Nagra, Koel Purie. | | | *** I Killed My Mother ('09, Comedy) Anne Dorval, Suzanne Clément. | | | | |
| TMN1 | | | 300 | | 6:00 Pillars Of... | The Pillars of the Earth | | *** Old Dogs ('09, Comedy) Robin Williams. | | | | *** The Haunting of Molly Hartley ('08, Suspense) | |
| MUSIC & POP CULTURE | | | | | | | | | | | | | |
| CMT | 25 | 109 | 575 | 583 | 6:00 Due South | Funniest Home Videos | | Accord. Jim | Accord. Jim | Home Imp. | Home Imp. | Carrie Underwood: One on... | |
| MM | 110 | 23 | 570 | 580 | Born to Be | DisBand | Video on Trial | Degrassi Story | When I Was 17 | Price of... | My Date w... | UR11@11 | |
| MMM | 26 | 117 | 571 | 581 | 6:00 The Daily... | Ranked! | | mmmtop10.ca | | Gene Simmons Family Jewels | | The O.C. | |
| MTV | 102 | 326 | 581 | 566 | 6:00 MTV Presents | Cribs | Parental | Real World: New Orleans | Real World: New Orleans | MTV Live | | :26 Sex, News | |
| STAR | 38 | 113 | 621 | 527 | TMZ | The Ellen DeGeneres Show | | The View | Dr. Oz | | | TMZ | eTalk |
| FOR THE KIDS | | | | | | | | | | | | | |
| FAMILY | 34 | 154 | 557 | 541 | Wizards | Suite Life | Zoey 101 | H. Montana | Wizards | Sonny Chance | Zack & Cody | Overruled! | H. Montana |
| TELETOON | 43 | 152 | 555 | 545 | Johnny Test | Ben 10 | Star Wars | Jimmy Two | Johnny Test | Johnny Test | Total Drama | Drama Island | 6Teen |
| TREEHOUSE | 50 | 155 | 553 | 546 | Night Garden | Waybuloo | Toopy & Binoo | Franklin | Harry/Bucket | Toot & Puddle | Toopy & Binoo | Max & Ruby | Dragon |
| YTV | 22 | 18 | 552 | 543 | :20 Odd Parents | 6:55 Odd... | :25 SpongeBob | iCarly | Victorious | Victorious | | *** Spectacular! ('09, Musical) | |
| INFORMATIVE | | | | | | | | | | | | | |
| VIVA | 92 | 114 | 526 | 507 | 6:00 Cold Case | 1-800-Missing | | The Closer | Cold Case | | | Rescue... | Ghostly... |
| DISCOVERY | 14 | 104 | 520 | 505 | 6:00 Daily... | Mighty Ships | | Worst Case... | Worst Case... | Mayday | | Daily Planet | |
| FOOD | 36 | 135 | 603 | 561 | Glutton | Iron Chef America | | Dinner Party Wars | Chopped | | | Kitchen Nightmares | |
| HGTV | 24 | 134 | 600 | 564 | Property V. | For Your Buck | Property Shop | Flipping Out | House Hunters | House H. Int. | | Holmes on Homes | |
| HISTORY | 17 | 105 | 522 | 506 | Pawn Stars | Chasing Mummies | | Ice Road Truckers | Weird or What? | | | Underworld Histories | |
| VARIETY | | | | | | | | | | | | | |
| A&E | 20 | 101 | 615 | 520 | 6:00 The First 48 | Dog / Bounty | Dog / Bounty | Dog the Bounty Hunter | Criss Angel Mindfreak | | | Criss Angel Mindfreak | |
| APTN | 108 | 14 | 269 | 350 | :01 Northern... | APTN National News | | Investigates | The Fraser River Journey | Down to Earth | | Canadian Geographic | |
| BRAVO | 27 | 123 | 620 | 523 | Bravo!Videos | Arts & Minds | O'Regan Files | Wingfield | Star Portraits | The Next Great Artist | | Law & Order | |
| COMEDY | 37 | 116 | 626 | 547 | 6:00 Mad TV | Corner Gas | South Park | Just for Laughs | Air Farce | 22 Minutes | | Corner Gas | Name Is Earl |
| CTS | | | 651 | | 6:00 The... | The Nanny | Full House | 100 Huntley Street | James R. | Benny Hinn | | John Hagee | Miracles |
| KTLA | 60 | 224 | 298 | 653 | 6:00 Tyra Banks | Accord. Jim | Friends | KTLA 5 News | KTLA 5 News | 2 1/2 Men | 2 1/2 Men | America's Next Top Model | |
| PEACHTREE | 33 | 121 | 294 | 529 | 6:00 Baseball NL: New York vs Atlanta. | | | | Seinfeld | Seinfeld | | Law & Order: SVU | |
| SHOWCASE | 28 | 112 | 617 | 522 | 5:00 Movie | (N) Sea Patrol | | Silent Witness | Dancing Trees ('09, Drama) Katie Boland, Brooke Burns. | | | | |
| SLICE | 44 | 131 | 601 | 562 | 6:00 Rich Bride... | Outlaw... | Outlaw... | At the End of... | At the End of... | At the End of... | At the End of... | ET Canada | Happened To? |
| SPACE | 39 | 122 | 627 | 528 | 6:00 Stargate | Doctor Who | | Merlin | Merlin | | | Stargate SG-1 | |
| SPK | 16 | 125 | 628 | 584 | 6:00 UFC... | UFC Unleashed | | Ultimate Knockouts | Pros vs Joes | | | Blue Mountain | Blue Mountain |
| TLC | 23 | 102 | 521 | 560 | 6:00 BBQ... | L.A. Ink | | L.A. Ink | L.A. Ink | | | L.A. Ink | |
| TV TROPOLIS | 19 | 106 | 618 | 524 | 6:00 At the End of... | Intervention | | I Survived... | Family Guy | Parking Wars | | At the End of... | ET Canada |
| W | 21 | 132 | 602 | 567 | Come Dine... | Grocery Bag | Grocery Bag | Restaurant in Our Living Room | Supersize vs. Superskinny | | | Grocery Bag | Cupcake Girls |
| WSBK | 59 | 221 | 296 | 654 | ET | Law & Order: SVU | | WBZ News | '70s Show | Frasier | Frasier | The Office | Name Is Earl |

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